

GOAL SCAFFOLD WORKSHEET

A **Goal Scaffold** is a broken down, detailed list of the individual, actionable tasks required to fulfill your **M-SMART Goal**. Think of it as a step-by-step instruction manual detailing every step you need to take from your initial (or current) state in order to execute on your goal.

More information about **Goal Scaffolds** can be found on pages 41 through 60 in **Foundations of Execution**. The following worksheet will help you conceptually break your M-SMART Goal down into individual actionable tasks; however, for most complex goals, you'll need much more space — feel free to use the below format on another sheet of paper (or build your **Goal Scaffold** directly in in your **Listing Tool**).

M-SMART Goal

